

MISSION STATEMENT

Teaching fundamentals and concepts of lacrosse to ensure a better understanding of the game while having **FUN!**

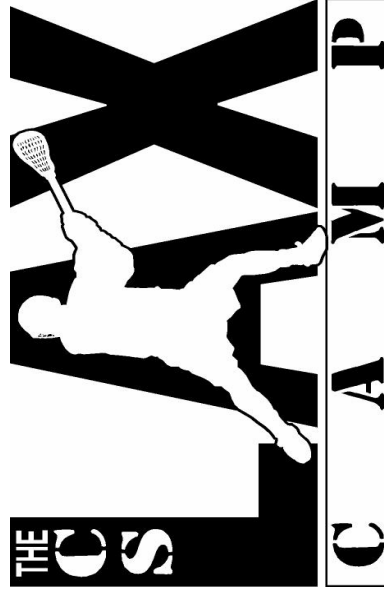
Location:

Central Square

High School

Stadium

Register early and Win A \$200 Lacrosse Stick



**THE C.S. LAX CAMP
2008**

THE BEST LACROSSE
SKILLS CAMP IN
TOWN KEEPS GETTING
BETTER!

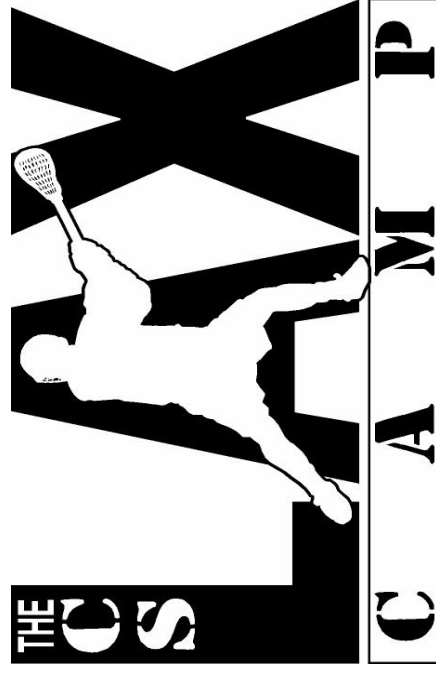
NOW OFFERING SESSIONS
FOR BOYS AND GIRLS AT
ALL LEVELS!

Featuring Central Square
Lacrosse Coaches:
Tom LaFave
Rick Snavlin
Jen Fox

THE C.S. LAX CAMP

659 Walrath Road
Erieville, NY 13061

Tel: 315-662-7522
www.csilacrosse.com



Register before May 1st to win a chance at a new Cyber pro head with a Mikey Powell shaft. Valued at over \$200!

Camp Highlights

LEVEL 1: Second through Seventh grade boys and girls will work through a series of fun filled stations each day to develop skills and coordination related to the game of lacrosse. Handball games will be held each day to teach offensive and defensive concepts of the game. The final day will be a "FUN DAY" with an obstacle course and water fun activities including "the water slide"! (Lacrosse stick needed)

LEVEL 2: Sixth through ninth grade boys will have the opportunity to develop and practice skills. Close attention will be paid to details by coaches to ensure improvement. An emphasis will be placed on game play to teach offensive and defensive aspects of the game. A speed gun will be available for athletes to test their shot speeds. Competitive games will be played each day. (All equipment is needed)

LEVEL 3: Tenth through twelfth grade boys will have opportunities to practice skills and work on developing the offensive and defensive aspects of the game. A speed gun will be available for athletes to check their shot speeds. Manufactures representatives will be on hand to find out what's new in lacrosse. A guest speaker will visit to motivate and inform players on what is necessary to prepare for the game at the college level. Games will be scheduled against other schools each time we meet to ensure a high level of competitiveness. Preparations will be made for up and coming tournaments. (All equipment is needed)

LEVEL 1: JULY 14-18, 2008

8 AM- 12 PM, FOR **BOYS AND GIRLS** ENTERING GRADES 2- 7.
PRICE \$75.00
(STICK ONLY REQUIRED)

LEVEL 2: JULY 1,8,15,22,29
3:00 PM- 5:00 PM, FOR **BOYS** ENTERING GRADES 6,7,8 AND 9.
PRICE \$60.00
(FULL EQUIPMENT REQUIRED)

LEVEL 3: JULY 1,8,15,22,29
5:30 PM- 8:30 PM, FOR **BOYS** ENTERING GRADES 10, 11, 12.
PRICE \$75.00
(FULL EQUIPMENT REQUIRED)

The C.S. Lax Camp Registration Form

Sign up for:

Before May 31st After May 31st

Level 1 \$75.00 \$90.00
 Level 2 \$60.00 \$80.00
 Level 3 \$75.00 \$90.00

Name _____

Address _____

Phone _____

Email address _____

Parent/ Guardian Signature _____

Complete Registration Form
 Complete Medical Authorization
 Complete Waiver
 Payment

Tee Shirt Size:

Adult (S, M, L, XL)
Youth (S, M, L, XL)
(Circle one)

Make Checks Payable to: The C.S. Lax Camp

THE C.S. LAX CAMP

659 Walrath Road
Erieville, NY 13061

Phone: 315-662-7522

Email: tlafave@cssd.org

www.cslacrosse.com

A limited number of equipment sets are available to borrow on a first come first serve basis.